



SCHOOL NUTRITION DEPARTMENT

Middle

FEBRUARY 2025

FEBRUARY CELEBRATIONS

- Happy President's Day
- Happy Valentine Day
- Celebrating Broccoli Month!

- Per Ounce, broccoli has as much calcium as milk
- Presidents Day was established in 1885 in honor of President George Washington's birthday.

MENU NOTES

LOW FAT UNFLAVORED, FAT FREE STRAWBERRY, FAT FREE CHOCOLATE AND LACTOSE FREE. K - 12 STUDENTS ARE NOT REQUIRED TO TAKE MILK.

KISD MENUS ARE SUBJECT TO LAST MINUTE CHANGES DUE TO NATION WIDE SUPPLY CHAIN ISSUES.

Meal Prices

Student
 Breakfast - FREE for all KISD students
 Elementary Lunch - \$2.75
 Secondary Lunch - \$3.00

Adults
 Breakfast \$2.75
 Lunch \$4.25

Monday

3
 Beef Walking Tacos
 Chilled Turkey & Cheese Sandwich
 Three Cheese Calzone
 Crispy Tater Tots
 Fresh Tomato Wedges
 Marinara Sauce
 Fresh Grapes
 Fresh Orange
 Fresh Apple

10
 Cheesy Chicken Quesadilla
 Crispy Chicken Sandwich
 Pulled Pork Hoagie
 Turkey & Provolone Wrap
 Crispy Tater Tots
 Fresh Tomato Wedges
 Fresh Apple
 Fresh Orange

17

 President's Day
 United States of America

24
 Beef & Cheese Crispy Tacos
 Pulled Pork Hoagie
 Crispy Chicken Sandwich
 Turkey & Provolone Warp
 French Fries
 Baby Carrots
 Fresh Orange
 Fresh Apple

Tuesday

4
 Cheeseburger or Veggie Burger
 Cheesy Chicken Quesadilla
 Chilled Turkey & Cheese Sandwich
 Pizza Hut Cheese or Pepperoni Pizza
 Black Bans & Corn Salad
 Vegetarian Refried Beans
 Assorted Fresh Fruit
 Mandarin Orange
 Warm Apples

11
 Cheeseburger or Veggie Burger
 Carne Guisada & Rice
 Turkey & Provolone Wrap
 Pizza Hut Cheese or Pepperoni Pizza
 Fresh Broccoli
 Kickin' Pinto Beans
 Orange Mandarin
 Fresh Apple
 Fresh Banana

18
 Cheeseburger or Veggie Burger
 Cheese or Chicken Fajita Nachos
 Pizza Hut Cheese or Pepperoni Pizza
 Smoked Ham & Cheese Wrap
 Sweet Potato Fries
 Fresh Broccoli
 Orange Mandarin
 Fresh Apple
 Fresh Banana

25
 Popcorn Chicken Hearty Bowl w/Roll
 Cheeseburger or Veggie Burger
 Turkey & Provolone Wrap
 Pizza Hut Cheese or Pepperoni Pizza
 Fresh Broccoli
 Seasoned Mashed Potatoes
 Fresh Orange
 Fresh Apple
 Warm Apples

Wednesday

5
 Asian Bowl Orange Bowl
 Chilled Turkey & Cheese Sandwich
 Spicy Chicken Sandwich
 Sweet n' Savory Bento Box
 Cucumber Coins
 Oriental Blend Vegetables
 Diced Peaches
 Fresh Grapes
 Fresh Apple

12
 Chicken & Cheese Tamales
 Cheeseburger or Veggie Burger
 Spicy Chicken Sandwich
 Turkey & Provolone Wrap
 Fresh Celery Sticks
 Marinara Sauce
 Mexicorn
 Diced Peaches
 Fresh Apple
 Fresh Red Apple

19
 Broccoli Cheese Baked Potato & Biscuit
 Cheesy Chicken Quesadilla
 Spicy Chicken Sandwich
 Smoked Ham & Cheese Wrap
 Baked Beans
 Cucumber Coins
 Diced Peaches
 Fresh Grapes
 Warm Apples

26
 Chicken Drumstick & Waffles
 Beef Nachos
 Spicy Chicken Sandwich
 Turkey & Provolone Wrap
 Fresh Celery Sticks
 Kickin' Pinto Beans
 Marinara Sauce
 Diced Peaches
 Fresh Apple
 Fresh Grapes

Thursday

6
 Beef Lasagna & Bread Stick
 Cheeseburger or Veggie Burger
 Turkey & Provolone Wrap
 Pizza Hut Cheese or Pepperoni Pizza
 Side Salad w/Dressing
 Seasoned Broccoli
 Diced Pears
 Fresh Banana
 Fresh Apple

13
 Cheesy Macaroni & Steak Fingers
 Cheeseburger or Veggie Burger
 Pizza Hut Cheese or Pepperoni Pizza
 Turkey & Provolone Wrap
 Side Salad w/Dressing
 Seasoned Broccoli
 Fresh Apple
 Diced Pears
 Fresh Banana

20
 Beef Spaghetti
 Veggie Burger
 Provolone Patty Melt
 Pizza Hut Cheese or Pepperoni Cheese
 Smoked Ham & Cheese Wrap
 Seasoned Green Beans
 Side Salad w/Dressing
 Fresh Apple
 Diced Pears
 Fresh Banana

27
 Chili Mac w/Cheese Breadstick
 Provolone Patty Melt or Veggie Burger
 Pizza Hut Cheese or Pepperoni Pizza
 Turkey & Provolone Wrap
 Fresh Celery Sticks
 Steamed Mixed Vegetables
 Fresh Apple
 Diced Pears
 Fresh Banana

Friday

7
 Beef or Cheese Nachos
 Steak Fingers w/Roll
 Skinny Crust Cheese Pizza
 BBQ Chicken Pizza
 Turkey & Provolone Wrap
 Seasoned Mashed Potatoes
 Sweet Bell Peppers Strips
 Mixed Fruit
 Fruit Apple
 Fresh Orange

14
 Happy Valentine's Day
 Chicken Strips & Roll
 Black Bean Fiesta Salad
 Turkey & Provolone Wrap
 Skinny Crust Cheese or BBQ Chicken Pizza
 Emoticons Fries
 Fresh Baby Carrots
 Mixed Fruit
 Warm Apples
 Fresh Orange
 Pink Valentine Sugar Cookie

21
 Autumn Craisin Salad
 Spicy Chicken Sandwich
 Steak Fingers w/Roll
 Smoked Ham & Cheese Wrap
 Sweet Bell Peppers Strips
 Crispy Tater Tots
 Mixed Fruit
 Fresh Apple
 Fresh Orange

28
 Black Bean Fiesta Salad
 Crispy Chicken Sandwich
 Chicken Corn Dog
 Cheese Pizza
 Turkey & Provolone Wrap
 Fresh Baby Carrots
 Tater Tots
 Mixed Fruit
 Fresh Apple
 Fresh Orange

LUNCH