

SCHOOL NUTRITION DEPARTMENT

Monday

Tuesday

Wednesday

Crispy Chicken Drumstick w/Roll

Mozzarella Cheese Pizza Stick

Munch Lunch - Sunbutter Sandwich w/String

Cheese w/Applesauce Cup (PK)

Baked Beans

Cucumber Coins

Marinara Sauce

Fresh Grapes

Fresh Sweet Orange

Thursday

Chicken Strips & Roll

Beef Spaghetti (PK)

Munch Lunch- Sunbutter Sandwich w/

Baby Carrots,

Seasoned Green Beans

Fresh Tomato Wedges

Warm Apples

Diced Peaches

Popcorn Chicken & Roll

Beef Lasagna & Breadstick (PK)

Munch Lunch -Deli Turkey Ham & Cheese

Sandwich w/Carrots

Fresh Tomato Wedges

Steamed Mixed Vegetables

Mixed Fruit

Friday

FEBRUARY CELEBRATIONS

- Happy President's Day
- **Happy Valentine Day**
- **Celebrating Broccoli Month!**

· Per Ounce, broccoli has as much calcium as

Presidents Day was established in 1885 in honor of President George Washington's birthday.

Turkey Hot Dog Provolone Patty Melt (PK) Munch Lunch - Sunbutter Sandwich &String Cheese w/Apple Slices Sautéed Green Beans Steamed, Seasoned Corn Fresh Apple

Applesauce Cup

Cheeseburger (PK)

Mozzarella Cheese Pizza Stick

Munch Lunch-Deli Turkev Ham & Cheese

w/Apple Slices

Fresh Celery Sticks

Seasoned Broccoli

Fresh Apple

Peach Applesauce

Crispy Chicken Salad Salisbury Steak w/Roll (PK) Munch Lunch - Sunbutter Sandwich & String Cheese w/Baby Carrots Seasoned Mashed Potatoes Side Salad w/Dressing Assorted Fresh Fruit Mixed Fruit

Meatball Sub (PK)

Sweet & Savory Bento Box

Munch Lunch- Deli Turkev Ham & Cheese

w/Carrots

Black Bean & Corn Salad

Green Beans

Mandarin Oranges

Warm Apples

Cheeseburger (PK)

Mac & Cheese Macaroni w/Beef Steak Fingers

Munch Lunch-Sunbutter Sandwich & String

Cheese w/ Carrots

Kickin' Pinto Beans

Side Salad w/Dressing

Fresh Banana

Diced Pears

Beef & Cheese Crispy Tacos (PK) Mozzarella Cheese Pizza Stick Munch Lunch-Deli Turkey Ham & Cheese Sandwich w/Applesauce Cup Kickin' Pinto Beans **Blend Vegetables** Fresh Apple

Terivaki Chicken

Mozzarella Cheese Pizza Stick

Munch Lunch-Sunbutter & String Cheese

w/Applesauce (PK)

Crinkle Cut Carrots

Cucumber Cons

Marinara Sauce (PK)

Warm Apples

Fresh Grapes

Peach Applesauce Cup

Fresh Apple 20 Chicken Strips & Roll Spaghetti w/ Meatballs & Bread Stick(PK) Munch Lunch- Sunbutter w/ String Cheese w/Baby Carrots Fresh Baby Carrots

Mix Vegetable Mandarin Orange Fresh Apple

Chicken Strips & Warm Roll (PK) Chili Mac w/Cheese & Breadstick Munch Lunch-Deli Turkey & Cheese Sandwich w/Carrots **Tomato Wedges** Mixed Vegetables Diced Pears Fresh Apple

Breaded Fish Sticks w/Biscuit Pepperoni Pizza (PK) Munch Lunch - Sunbutter Sandwich & String Cheese w/Apple Crisp Fresh Broccoli Tater Tots Diced Pears Fresh Apple

Happy Valentine's Day 14 Munch Lunch- Deli Turkey Ham & Cheese Sandwich w/ Apple Crips Pepperoni Pizza Fresh Baby Carrots **Emoticons Fries** Diced Peaches Fresh Apple

Pink Valentine Sugar Cookie

Bean & Cheese Burrito Pepperoni Pizza (PK) Munch Lunch-Sunbutter & String Cheese w/Apple Crisps **Broccoli Florets Tater Tots** Mixed Fruit Fresh Apple

H

Chicken & Cheese Crispy Tacos Cheese Thin Crust Pizza (PK) Munch Lunch-Deli Turkey & Cheese Sandwich w/Apple Crisp Fresh Broccoli Tater Tots Mandarin Orange Fresh Apple

MENU NOTES

PRE - K MENU REQUIRED SPECIAL ICON TO SELECT THE RIGHT MEALS DAILY. 17

LOW FAT UNFLAVORED, FAT FREE STRAWBERRY, FAT FREE CHOCOLATE AND LACTOSE FREE. K - 12 STUDENTS ARE NOT REQUIRED TO TAKE MILK.

KISD MENUS ARE SUBJECT TO LAST MINUTE CHANGES DUE TO NATION WIDE SUPPLY CHAIN ISSUES.

Adults

Breakfast \$2.75

Lunch \$4.25

Meal Prices

Student

Breakfast - FREE for all KISD students

Elementary Lunch - \$2.75

Secondary Lunch - \$3.00



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Turkey Hot Dog (PK) Provolone Patty Melt Munch Lunch-Deli Turkey & Cheese Sandwich w/Apple Slices Celery Sticks Steamed, Seasoned Corn Fresh Apple

Applesauce Cup

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Crispy Chicken Sandwich (PK) **Beef Nachos** Munch Lunch-Deli Turkey & Cheese Sandwich w/Carrots Black Bean & Corn Salad Crinkle Cut Carrots Fresh Banana Warm Apples

BBO Pulled Pork Sandwich Mozzarella Cheese Pizza Stick (PK) Munch Lunch-Deli Turkey & Cheese Sandwich w/Applesauce **Baked Beans** Marinara Sauce Side Salad w/Dressing Fresh Grapes Fresh Orange



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