



SCHOOL NUTRITION DEPARTMENT

Elementary

FEBRUARY 2025

FEBRUARY CELEBRATIONS

- Happy President's Day
Happy Valentine Day
Celebrating Broccoli Month!

Per Ounce, broccoli has as much calcium as milk.

Presidents Day was established in 1885 in honor of President George Washington's birthday.

MENU NOTES

- (PK) PRE - K MENU REQUIRED SPECIAL ICON TO SELECT THE RIGHT MEALS DAILY.
LOW FAT UNFLAVORED, FAT FREE STRAWBERRY, FAT FREE CHOCOLATE AND LACTOSE FREE. K - 12 STUDENTS ARE NOT REQUIRED TO TAKE MILK.
KISD MENUS ARE SUBJECT TO LAST MINUTE CHANGES DUE TO NATION WIDE SUPPLY CHAIN ISSUES.

Meal Prices

Student Breakfast - FREE for all KISD students
Elementary Lunch - \$2.75
Secondary Lunch - \$3.00

Adults Breakfast \$2.75
Lunch \$4.25

Monday

3 Breakfast Biscuit w/Turkey Sausage (PK)
Assorted Cereal w/Graham Crackers
BKF Bar Birthday Cake w/Graham Crackers (BIC ONLY)
Assorted Fresh Fruit
Assorted Fruit Juice

10 Chocolate Bite Filled w/Chocolate, Donut Bite
Assorted Cereal w/Graham Crackers (PK) (BIC)
Assorted Fresh Fruit
Assorted Fruit Juice



24 Chocolate Bite Filled w/Chocolate, Donut Bite
Assorted Cereal w/Toast (PK)
Birthday Cake BKF Bar w/Graham Crackers (BIC ONLY)
Assorted Fresh Fruit
Assorted Fruit Juice

Tuesday

4 Banana Bread (PK)
Campfire S'mores BKF Bar w/ Graham Crackers
Pancake & Sausage Wrap (BIC ONLY)
Assorted Cereal w/Toast
Assorted Fresh Fruit
Assorted Fruit Juice

Celebrating National Broccoli Month

11 Apple Cinnamon Muffin (PK)
Sausage Breakfast Pizza (BIC ONLY)
Birthday Cake BKF Bar w/Graham Crackers
Assorted Cereal w/Toast
Assorted Fresh Fruit
Assorted Fruit Juice

18 Blueberry Muffin (PK)
Strawberry Crisp BKF Bar w/Graham Crackers
Assorted Cereal w/Toast (BIC)
Assorted Fresh Fruit
Assorted Fruit Juice

25 Egg & Cheese Breakfast Taco (PK)
Maple Beef Sausage Pancake Wrap (BIC ONLY)
Assorted Cereal w/Toast
Campfire S'mores BKF Bar w/Graham Crackers
Assorted Fresh Fruit
Assorted Fruit Juice

Wednesday

5 Sausage Kolache
Assorted Cereal w/Cheese Sticks (PK)
Banana Bread (BIC ONLY)
Assorted Fresh Fruit
Assorted Fruit Juice (PK)

12 Scrambled Eggs & Sausage (PK)
Chicken Sausage Pancake Sandwich (BIC ONLY)
Assorted Cereal w/Cheese Sticks
Assorted Fresh Fruit
Assorted Fruit Juice

19 Scrambled Eggs & Sausage (PK)
Pink Cherry Muffin (BIC ONLY)
Assorted Cereal w/Cheese Stick
Assorted Fresh Fruit
Assorted Fruit Juice

26 BKF Chicken & Waffle (PK)
Banana Bread (BIC ONLY)
Assorted Cereal w/Cheese Stick
Assorted Fresh Fruit
Assorted Fruit Juice

Thursday

6 Breakfast Pizza w/Canadian Bacon (PK)
Bagel, Beef Sausage & Cheese (BIC ONLY)
Assorted Cereal w/Toast
Strawberry Crisp BKF Bar w/Graham Crackers
Assorted Fresh Fruit
Assorted Fruit Juice

13 Ham & Cheese English Muffin (PK)
Mini Bagel w/Strawberry Cheese Cream (BIC ONLY)
Campfire S'mores BKF Bar w/Graham Crackers
Assorted Cereal w/Toast
Assorted Fresh Fruit
Assorted Fruit Juice (PK)

20 Blueberry Parfait w/Graham Crackers (PK)
Bagel, Beef Sausage & Cheese (BIC ONLY)
Birthday Cake BKF Bar w/Graham Crackers
Assorted Cereal w/Toast
Assorted Fresh Fruit
Assorted Fruit Juice

27 French Toast Sticks (PK)
Bagel, Beef Sausage & Cheese (BIC ONLY)
Strawberry Crisp BKF Bar w/Graham Crackers
Assorted Fresh Fruit
Assorted Fruit Juice

Friday

7 Cinnamon Roll w/Turkey Sausage
Assorted Cereal w/Graham Crackers (PK)
Mini Cinnamon Waffles (BIC ONLY)
Assorted Fresh Fruit (PK)
Assorted Fruit Juice

14 Happy Valentine's Day
Cinnamon Roll w/Turkey Sausage
Assorted Cereal w/Graham Crackers (PK)
Mini Maple Pancakes (BIC ONLY)
Strawberry Crisp BKF Bar w/Graham Crackers
Assorted Fresh Fruit
Assorted Fruit Juice

21 Cinnamon Roll w/Turkey Sausage
Assorted Cereal w/Graham Crackers (PK)
French Toast Sticks (BIC ONLY)
Assorted Fresh Fruit
Assorted Fruit Juice

28 Cinnamon Roll w/Turkey Sausage
Assorted Cereal w/Graham Crackers (PK)
French Toast Sticks (BIC ONLY)
Assorted Fresh Fruit
Assorted Fruit Juice

BR EAKFAST

