

CONNECTING COMMUNITIES, SCHOOL COUNSELORS, AND FAMILIES



FEBRUARY 6, 2020

KISD CAREER CENTER

1320 Stagecoach Rd.
Killeen, Texas 76542

6PM – 8PM



KILLEEN INDEPENDENT SCHOOL DISTRICT
GUIDANCE & COUNSELING

254-336-0282

**ALL KISD
STUDENTS
PK-12TH**

**ENJOY INTERACTIVE
AND ENGAGING
ACTIVITIES WITH YOUR
FAVORITE SCHOOL
COUNSELORS.**

Connect with Community
Resources.

Attend brief sessions on
new trends with children
and adolescents.

Walk away with REALLY
cool DOOR PRIZES!

**ENGAGE IN MAKE &
TAKE ACTIVITIES
THAT HELP TO
STIMULATE THE MIND
& FOSTER CALMNESS.**

SESSIONS

FIGHT, FLIGHT OR FREEZE
(Building Healthy Relationships
through Effective Communication)

Is Self- Harm good or bad?

Relaxation Techniques (Yoga)

Peer Mediation

Digital Life

Understanding Autism

Managing Stress & Anxiety

*****JUST TO NAME A FEW