



KILLEEN INDEPENDENT SCHOOL DISTRICT

Health Services' Guidelines for Exclusion from School

Per 25 Tex. Admin. Code § 97.7 and Killeen ISD policy, school administrators may exclude children from school suspected or confirmed as having a communicable disease. The Department of State Health Services has provided a communicable disease chart for decision-making on when to exclude children and return to school procedures. Each campus has a copy of the newest communicable disease chart in poster form and posted in the nurse's office.

It is very important to remember that only Medical Doctors, Nurse Practitioners, Physician Assistants, and Nurse Specialist can diagnose. If I think something warrants going to the doctor, a call will be made to the parent/guardian to suggest going to the doctor.

The following procedure is a guide in determining when to send a student for a potentially communicable disease: this is just a guide and is not all incumbent, nurses' judgment should also be used.

Procedure:

- 1. Recognition of potential communicable disease**
- 2. Keep ill student away from other students in the clinic, if not possible in a separate location.**
- 3. The school clinic will notify the guardian that the student must be excluded for medical reasons for 24 hours or as indicated by the Texas DSHS School Communicable Disease Chart.**
- 4. The parent or guardian is responsible for transporting the student from school to his/her home immediately.**
 - a. If the student cannot be picked up within 60 minutes of the exclusion notice, we request prompt communication from parents. The campus administration and the parent liaison will be notified to assist parents with arrangements when needed.**
- 5. A Disease Exclusion Letter is sent home for provider clearance when indicated.**
- 6. May return if symptoms have cleared or the nurse verifies resolution of symptoms in some cases.**
- 7. Request deep cleaning of classroom and communal areas if indicated by Texas DSHS School Communicable Disease Chart.**
- 8. Monitor for additional symptoms such as potential outbreaks.**

A student with any of the following symptoms will be excluded from school until they are free of symptoms, have been satisfactorily treated, or submit a signed physician's statement that they are not contagious.

- **Temperature of 100.0°F or more.** Students must be fever free for 24 hours, without fever-reducing medication, before re-entry.
- **New, undiagnosed rash or skin condition,** at the nurse's discretion, until verified by the healthcare provider that it is not contagious.
- **Vomiting** 3 or more times in 24-hours and it is not related to a preexisting, documented condition or an exercise-induced event. Students must be symptom-free without medication before re-entry.

- **Diarrhea** 3 or more loose stools in a 24-hour period that is not related to a preexisting, documented condition. Students must be symptoms free without medication, before re-entry.
- **Yellow or green discharge from the eyes.** Return to school once assessed by a medical provider and cleared/24 hours after treatment started or symptoms have resolved (as verified by the nurse).
- **Live lice (Killeen ISD Administrative Procedure)** - students with live lice will be sent home for treatment and may return the next day after being treated, are without live lice, and will be evaluated by the nurse before they are released to proceed to class.
- **If the student is not behaving according to their norm** as reported by the teacher. For example, they seem very tired or sleepy, have droopy or puffy eyes or other symptoms preventing them from performing academically.
- Students with **draining wounds** that cannot be covered with proper bandages.
- As considered necessary by the nurse judgement or assessment.
- **Head Injuries:**
 1. Severe head injuries, 911 will be called.
 2. Head injuries with acute symptoms present from the CDC Checklist lasting beyond the 30-minutes of observation may be excluded based on clinical assessment and recommended for further medical attention. The student may return the following day.
 3. Any student with head injury symptoms from the CDC checklist will be recommended to avoid running, jumping, and climbing for 48 hours unless cleared or released by a medical provider.

For readmission, some diseases may require a statement from the student's physician affirming that the student is not contagious.

For more information:

- [Texas Administrative Code, Title 25 Health Services, Chapter 97 - Communicable Diseases](#)
- [Texas DSHS Notifiable Conditions](#)

The school district follows the guidelines provided by the Texas State Department of Health for exclusion and readmission to school due to illness. The complete document can be located at [Texas DSHS School Communicable Disease Chart \(click here\)](#)