

## Elementary Primary (Grades PK-2)

### Content Area – Interpersonal Effectiveness

Goal	Targets	Resources	Lessons	Character Trait
<b>II.A. Student Competency: Students interact effectively with a diverse population</b>				
<b>II.A.i. Goal: Students will appreciate their own culture</b>	Express pride in their families	Let's Be Friends/ Family pictures from home.	Lesson 1 About You/ Introduce their families to the class/partner	Respect Good Citizenship
	Recognize traditions/beliefs of their culture	Let's Be Friends/Too Many Tamales Book	Lesson 1 About You/Read Aloud/Parent Connection of family tradition	
<b>II.A.ii. Goal: Students will respect others as individuals and accept them for the cultural membership</b>	Respect others as unique individuals.	The book: Red: A Crayon's Story/Stand in My Shoes	Each get a paper shoe and decorate it to represent their culture	Respect Caring Fairness Courage
	Demonstrate awareness of others cultural memberships	CBT Toolbox	Decorate doll to reflect culture; pg 179	
<b>II.A.iii. Goal: Students will effectively relate with others based on appreciation for differences/similarities</b>	Become aware of the meaning of cultural backgrounds	Let's Be Friends	Activity 35 Page 115-117	Respect Good Citizenship Fairness
	Demonstrate appreciation for difference in others	Learning to Listen, Learning to Care	Activity 11 pg. 31, Activity 34 pg. 107	
<b>II.A.iv. Goal: Students will evaluate how stereotyping affects them and their relationships with others</b>	Understand the meaning of the term "stereotyping"	Let's Be Friends	Activity 6 pg 18	Respect Responsibility Integrity
	Describe prejudicial actions they have seen.	Cool, Calm, and Confident	Activity 4 pgs 14-16	

<b>II.B. Student Competency: Students utilize effective and appropriate communication skills</b>				
<b>II.B.i. Goal: Students know that communication involves speaking, listening, and nonverbal behavior</b>	Recognize that they listen to and speak with a variety of people.	Learning to Listen, Learning to Care;	Activity 3-page 7-9 Page 11-15	Good Citizenship Respect Caring
	Become aware that good communication skills help people work well together.	Learning to Listen, Learning to Care/ CBT Toolbox	Activity 4&5/ Page 92 (PK-K) Page 93 (1-2)	
<b>II.B.ii. Goal: Students will effectively express themselves</b>	Verbalize ideas, thoughts and feelings.	Learning to Listen, Learning to Care/ CBT Toolbox	Activity 1/ page 125(pk) page 142(K) page 108(1-2)	Responsibility Courage Caring
	Express feelings appropriately	Learning to Listen, Learning to Care/ CBT Toolbox	Activity 1/ Page 109 & page 126	
<b>II.B.iii. Goal: Students will use communication skills to know when and how to ask for help</b>	Become aware of the need to be a good listener; accept or tolerate other's opinions.	Learning to Listen, Learning to Care	Activity 3 pg 7	Responsibility Caring Fairness
	Recognize that others may communicate differently; listen attentively.	Learning to Listen, Learning to Care	Page 7-9	
<b>II.C. Student Competency: Students recognize personal boundaries, individual rights and privacy needs of others</b>				
<b>II.C.i. Goal: Students will understand the need for personal boundaries</b>	Understand personal boundaries.	CBT Toolbox	Page 113	Respect Responsibility Courage Integrity
<b>II.C.ii. Goal: Students will understand individual rights and privacy needs of others</b>	Recognize rights and privacy of others	CBT Toolbox	Page 115	Respect Responsibility Integrity

<b>II.D. Student Competency: Students utilize effective conflict resolution skills</b>				
<b>II.D.i. Goal: Students will develop and use conflict resolution skills</b>	Learn to speak directly to each other	Learning to Listen, Learning to Care	Page 1-3	Respect Responsibility Integrity
	Recognize when a cooling off period is needed	CBT Toolbox	Page 33; 133	
<b>II.E. Student Competency: Students develop healthy relationships</b>				
<b>II.E.i. Goal: Students will define healthy and unhealthy relationships</b>	Describe characteristics in themselves that enables them to be a good friend.	CBT Toolbox	page 61	Respect Responsibility Courage Caring
	Describe processes involved in making and keeping friends.	Let's Be Friends	Activities 1-8 pgs 2-24	
<b>II.E.ii. Goal: Students will identify characteristics of healthy and unhealthy relationships</b>	Describe role of trust in ways to establish trust in relationships.	Let's Be Friends	Activities 17-28 pgs 54-91	Respect Responsibility Courage Honesty Good Citizenship Integrity
	Identify who to trust when they feel unsafe.	Let's Be Friends	Activities 29-40 pgs 96-132	