

Middle School (Grades 6-8)

Content Area – Interpersonal Effectiveness

Goal	Targets	Resources	Lessons	Character Trait
II.A. Student Competency: Students interact effectively with a diverse population				
II.A.i. Goal: Students will appreciate their own culture	Identify characteristics of groups to which they belong because of their background, their family, and their heritage.	Social Success workbook for teens Coping w/ cliques	Lesson 23 Chapter 18	Good Citizenship Respect
	Analyze the cultural practices their families appreciate and how they affect their feelings of self-worth.	Social Success workbook for teens	Lesson 8	
II.A.ii. Goal: Students will respect others as individuals and accept them for the cultural membership	Respect the rights of others regardless of individual differences.	Beyond the Blues	Lesson 18	Respect
	Analyze what respecting others as individuals means to them.	Beyond the Blues	Lesson 7	
II.A.iii. Goal: Students will effectively relate with others based on appreciation for differences/similarities	Analyze how bias may contribute to conflict.	Coping w/ cliques Beyond the Blues	Activity 10 p. 27	Caring
	Demonstrate consideration and respect for individual differences.	Coping w/ cliques	Activity 11	
II.A.iv. Goal: Students will evaluate how stereotyping affects them and their relationships with others	Know criteria for when to generalize and when not to.	Bullying workbook for teens	Activity 19	Problem Solving Caring Courage
	Analyze how prejudicial actions that they have seen are hurtful to individuals.	Bullying workbook for teens	Activity 22	

II.B. Student Competency: Students utilize effective and appropriate communication skills				
II.B.i. Goal: Students know that communication involves speaking, listening, and nonverbal behavior	Use listening & expressive skills to manage peer pressure.			Responsibility Problem Solving
	Analyze how the use of communication skills contribute/hinder a groups progress toward task completion.	Mindfulness for Teen Anger	Pgs. 120-121 Activity 44	
II.B.ii. Goal: Students will effectively express themselves	Evaluate the effect of expressing appreciation			Courage Gratitude Responsibility Fairness Good Citizenship
	Develop skills needed for appropriate expression of opinions, attitudes, and beliefs in groups.			
II.B.iii. Goal: Students will use communication skills to know when and how to ask for help	Appreciate importance of listening in order for communication to occur.			Respect Responsibility Fairness Courage
	Analyze their own ability to listen.			
II.C. Student Competency: Students recognize personal boundaries, individual rights and privacy needs of others				
II.C.i. Goal: Students will understand the need for personal boundaries	Identify the physical, social, and emotional consequences related to failure to set personal boundaries.			Respect Responsibility Fairness Caring Integrity
	Identify strategies to communicate boundaries.			
II.C.ii. Goal: Students will understand individual rights and privacy needs of others	Develop acceptance for the individual rights and privacy needs of others			Good Citizenship Fairness Responsibility Caring Integrity

II.D. Student Competency: Students utilize effective conflict resolution skills				
II.D.i. Goal: Students will develop and use conflict resolution skills	Describe how communication affects conflict resolution.			Problem Solving/Conflict Resolution Courage
	Apply communication skills to resolve conflicts..			
II.E. Student Competency: Students develop healthy relationships				
II.E.i. Goal: Students will define healthy and unhealthy relationships	Distinguish between the characteristics of healthy and unhealthy relationships.			Courage Caring Gratitude Respect Integrity
	Analyze the skills they have for maintaining friendships.			
II.E.ii. Goal: Students will identify characteristics of healthy and unhealthy relationships	Develop strategies for dealing with jealousy.			Courage Caring Gratitude Respect Integrity
	Identify the importance of healthy relationships.	Don't Let Your Emotions Run Your Life for Teens	Pg. 117-119 Lesson 35	