

ALL ABOUT ME



Patricia Journey Counselor

I have worked in Killeen ISD for 31 years as a counselor. I believe it is important to be available to all students, parents and staff. I am in classes teaching social skills through out each month. I will be working with third, fourth and fifth grades this year. I encourage parents to get in touch with me if you have any concerns

Joan Russell Counselor

I have been in education for 39 years. My experience includes working in many KISD schools. I will be working with Kindergarten, first, and second grades. Please contact me if you have any questions or concerns about your child.

Sarah Rice At-Risk Counselor

I have been with Killeen ISD since 2015. I will be the at-risk counselor this year. I will be working with students in Pre-K-5th grade. My primary focus will be attendance concerns to include excessive tardiness. I will also work closely with our students who may be struggling with impulse control, anger management , and overall adjustment to being in school. I look forward to working with our students and families. I am just a phone call or e-mail away.



NOTHING
CAN DIM THE
light
FROM WITHIN

-Maya Angelou



INTRODUCING YOUR SCHOOL COUNSELOR



Skipcha Elementary

MY SCHEDULE



Monthly Character Trait:

September:

Respect

October:

Good Citizenship

November:

Gratitude

December:

Empathy

January:

Responsibility

February:

Fairness

March:

Trustworthiness

April:

Perseverance

May:

Self-Control

HELPFUL WEBSITES



Anxiety:

worrywise.org

Bullying:

www.stopbullying.gov

Academic Help

military.tutor.com/

Central Counties Services

centralcountiesservices.org

(this is a website for mental health)

CONTACT ME



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Joan Russell

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Sarah Rice

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LIST OF SERVICES



- **Classroom Social Skills:**
Self-esteem, friendship skills, conflict resolution, anger management, bullying, drug prevention, careers, safety and character traits.
- **Small Group Guidance:**
Tutorial in social skills
- **Individual Guidance:**
Students needing immediate help due to crisis situations.
- **Support:**
Parents, teachers, and administrators
- **Classroom Observations**
- **Student Council Sponsors**
- **Welcoming Committee (S2S) & Safety Patrol**
- **Flag Team**